

Churches of Christ Upcoming Events 2020

(Please see the yellow book for additional information and out of the area churches events)

Mid-Atlantic Churches of Christ

June 25-28, 2020 Mid-Atlantic Lectureship of the Churches of Christ; **Location:** College Park Marriott Hotel and Conference Center College Park MD; 301.985.7300; **Register online:** capitalchurchofchrist.net or by mail: PO box 6473 Annapolis MD 21401; **Cost: registration:** Adult \$50, Youth \$35; **Banquet:** Adult \$52, Youth \$37; **Minister's appreciation:** Minister \$29, Youth \$19

Sisters Events

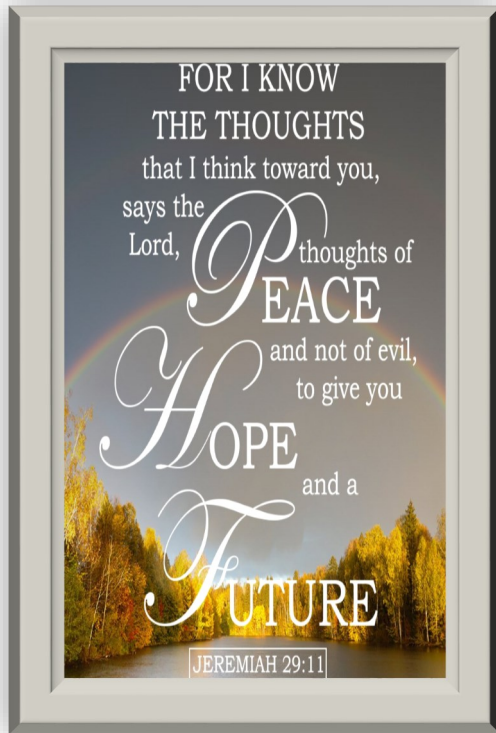
March 5-8, 2020 Ladies of Virtue; hotel Marriott (on the campus of University of MD Hyattsville) register on line: www.virtue.2020.com

April 9-12, 2020 35th Annual Church of Christ Ladies Lectureship Retreat; **hotel** Galt House 140 North Fourth St., Louisville KY.

Youth Events

Jan. 25, 2020 8am-3pm Capital Church of Christ Annapolis MD 21401 "Winter Youth Rally" **COST: \$10; Registration:** register online @ capitalyouthannapolis.com OR VIA registration form day of the event; **POC:** Lee Hamilton 443.889.3798 or capitalcocoyouth@gmail.com

May 1-2, 2020 Silver Spring Church of Christ, Silver Spring MD; Lads to Leaders L2L Express Mid-Atlantic; for more information and a free workshop: roy:lads2leaders.com ; 334.215.0251 or 205.410.0298; ww.lads2leaders.com



Beltway Church of Christ

6000 Davis Blvd Camp Springs, MD 20746 301.423.2320/423.4666 fax

The Messenger

Sunday, December 29, 2019

Welcome Visitors

We are honored that you have chosen to worship with us today.

Please stop by our visitor table in the foyer.



"Seeing All Things From God's Point of View"
Colossians 1:9-10
2019

Beginnings
by James McCaleb

"In the beginning God..." (Gen 1:1).

That is as far as we need to go. The simple statement that everything begins with God answers directly all of the yearning questions of the heart. Most of us think a little. All of a sudden we reach the same point. We want to know who we are, from whence we came, and where we are going.

This abrupt awakening to the fact that we are something more than a mere happenstance need not trouble us at all. It is a sign that we are going through the normal stages of growing up. The writings of every philosopher are full of the same questioning voice. Some are tagged as an atheist (a belief that there is no God), some as agnostic (a belief that nothing is known or can be known of the existence of God), and others are called by whatever designation the times may dictate. All, however, have reached the poignant realization that there must be some adequate cause and reason for their existence. *(next page)*

Markus Martin,
Minister
704.641.9246

Nigel McPherson,
Associate Minister
202.674.6952

Zone leaders
Charles Mattocks,
Zone 1 (A-G)
240.723.1799

Edward Jefferies,
(interim)
Zone 2 (H-L)
240.676.4998

Anthony Person
Zone 3 (M-R)
202.487.4187

Zone 4 (S-Z)
(info forthcoming)

(continued)

For the Christian, God is the beginning of everything. HE made the worlds, and HE made man in HIS image to be a companion for ever and ever. To be a child of God is the planned destiny of every man. To refuse this destiny is to deny the reason for our living. This denial cannot, and does not, change the truth; it but leaves us in a state of total frustration.

A new year is just another of the time marks which are based upon the one true beginning. The true beginning is God, whom time cannot control. And so we enter another cycle of our lives secure in the knowledge that God is eternal, and that our lives are hid in Christ with God. Surely, we may know that we have eternal life. That knowledge provides a happy new year indeed.



NOTES..... website: www.beltwaycoc.org **email:** info@beltwaycoc.org

Assisted listening devices ..Assisted listening devices are available during service. Please bring your earbuds from your phone, ipod or tape recorder. Earbuds can be provided; if necessary.

Attendance card —Please fill out an attendance card on Sundays and Wednesdays and turn the cards into the **brothers** or drop the card in the collection plate.

God Loves a Cheerful Giver —In order to introduce the importance of giving to our youth, we are asking that **ALL YOUTH** come prepared every Sunday to donate a can good during worship service.

FACEBOOK—“*Beltway Church of Christ at Camp Springs MD*” We encourage ever member to like our new page, and to “check-in” on Sunday mornings at the new page.

To ensure that funds are available to meet the church’s financial obligations, members are requested to leave their offerings prior to travel. **Please put cash contributions in brown envelope. CONTRIBUTION** via PayPal... if you are having trouble getting a check or money order for your contribution, there are other alternatives. You can submit your contribution via PayPal (send the money to lay_by@beltwaycoc.org) or through your bank's Bill Pay option. Please see Bro. Mickey Walker if you have any questions."

Healthcare Information

Did You Know...4 New Year’s Resolutions for Your Health Each year, thousands of people decide to make a fresh start after the holidays. You might make a goal to save money, be kinder, spend more time with family, or lose weight. This year, you might decide to make your health a priority. As you focus on your health, you reduce your risk of certain disease, injuries, and illness. **1. Reduce Your Sugar Intake** When the New Year rolls around, you might decide to go on a diet to lose weight, but have you ever considered changing your eating habits to just benefit your health? Most people eat too much sugar, and they can develop health problems as a result. The most common problem from a high sugar diet is the onset of type 2 diabetes. The best way to treat diabetes is to prevent it from ever developing in the first place. If you are young, change your habits now so you don’t have to worry about failing health later. If you’re older or already have a pre – diabetic diagnosis, now is the time for increased vigilance. Cutting out sugars can be easier than you think. Begin with drinking water or unsweetened tea instead of soda or juice. Try not to add sugar to your morning coffee. Gradually reduce how much sugar you put on oatmeal or grapefruit. Make meal selections based on protein sources, and save desserts for special occasions. Try to aim for 100 calories or less of added sugar each day. To put the caloric amount in perspective, one teaspoon of table sugar has **16 calories**. The right amount of sugar for your body could be found in just six chocolate sandwich cookies. As an added bonus, you might even lose some weight, even if that’s is not in your resolutions for the year. **2. Increase Your Activity** You might see more people at the gym than ever before when January comes. Everybody has the goal of increasing their activity for weight loss. However, increased activity should actually be your primary goal so you can reap the long – term health benefits. Exercise, for example, is one of the key ways that women especially protect themselves from the development of osteoporosis. If you do impact or weight – bearing workouts in your younger adult years, you will have better bone structure as a senior with fewer mobility problems. Once women reach menopause, they are at an even higher risk for bone loss. If you have not been active at all, the thought of working out regularly might seem impossible. However, you can start very small. Go for a walk around your block every day for a month before you even think about buying a membership to an exercise program. Other beneficial forms of exercise that are good for beginners include barre classes, swimming, tennis or badminton, step aerobics, or weightlifting classes. Remember that weightlifting is just as important as cardio workouts; weight – bearing exercise is especially effective for long – term bone health. **3. Go to Bed Earlier** Hardly anyone needs an excuse to get more sleep, but more and more adults push through tiredness in favor of getting more work done or enjoying leisure activities. However, rest is directly linked to better long – term health, including reduced risk of chronic illness and short – term sickness. Persistent sleep loss can increase your risk of heart disease, diabetes, kidney disease, and stroke. Loss of sleep also amps up your appetite, which can lead to over eating. When you don’t get enough sleep, your immune system will suffer, so you’ll get sick more often and have a harder time overcoming illness. Some people feel like sleep isn’t as important after they’ve reached adulthood, but seven or eight hours of sleep a day is still optimal—even if you can think of doing something better with your time. To get more sleep, try going to bed a little bit earlier as your goal for the New Year. Aim for the same time each night, and get your body used to the new schedule by trying to wake up at the same time each day, even on the weekends. **4. Get Up to Date** Finally, make it your goal to get your medical needs updated. Children follow vaccine schedules to make sure they are always protected from disease, but some adults don’t realize they also need vaccinations every so often to maintain their immunity. Ask your doctor if you need to get routine vaccines, like tetanus or rubella. You also should start tracking when you need to have regular screenings for health issues. For example, women should have mammograms to screen for breast cancer at **age 50** (or earlier if there is a history of breast cancer in the family). Your doctor may recommend other tests and screenings as you age. If you’ve been putting off a **visit to the doctor**, use the upcoming year to get up-to-date on your health. For more information on making this year work for your health, contact us at Stellis Health.

Meetings....No scheduled meetings

2020 Calendar events coming soon

Auditorium ...

Please no food or drinks (water only) in the auditorium. Please remove your trash when you leave and return song books, fans, and bibles to their proper place. If you have questions or concerns, please see the Leadership.

There will be no Bible classes or New Year's Eve Program for the following dates:

Tuesday, Dec. 31st: Ladies Bible Class and New Year's Eve program

Wednesday, Jan. 1st : Wednesday evening Bible class

"YES"Youth Empowered Servants

We have a **"YES"Youth Empowered Servants** for our youth in 2019 and beyond that attend Beltway to assist our Homebound members and strengthen our youth's foundation at Beltway. This will include a youth empowerment forum with our youth coordinators. The Program will take place twice a month on the respective Saturdays. We are asking parents and youth (ages 8 years old to 18 years old) to sign-up and volunteer your time to this program. This program is to build our youth's faith in the Lord. If you have questions or concerns, please contact Bro. Markus. Thank you!

Contribution Statement 2019

If you would like to have your contribution statement for 2019 sent through email, please see Bro. Henry Abel.

Communion Preparation by zones

Zone 4 4th quarter (Oct. thru Dec.)

**Wednesday night Bible Class
Lesson 21 is available**

Building Fund Corner

"... offered willingly. And gave for the service of the house of God..."
(1 Chronicles 29:6-7)

Please remember to give weekly towards the Building Fund.

**plan
pray
give
build**



**Prayer List
Sick and Shut-In**

- Grady Bradford
- Jerriel Ford
- Elaine Floyd
- Leslie Heath
- Sherman Hicks
- Helen Mitchell
- Janice Tillery
- Willa Williams

Schedule of Services

Sunday

Sunday School 9:00 A.M.

Worship 10:00 A.M.

Worship 6:00 P.M.

Wednesday

Bible Study 7:00P.M.

Plan of Salvation

Hear the Gospel—Romans 10:17
Believe in Christ—Mark 16:16
Repent of Sins—Acts 2:38
Confess Faith—Matthew 10:32-33
Be Baptized—1 Peter 3:21

**Sunday, December 29, 2019
Called to Serve**

Sunday Morning

Opening	Nigel McPherson
Scripture and Prayer	Don Moore
Song Leaders	Robert Garrett Walt Gorham
Prayer	Andrew Johnson
Sermon	Markus Martin
Lord's Table and Contribution	
Podium	Anthony Person
Table	R. White, K. Easterling K. Fuller, T. Williams M. Titre, A. McFarland
Benediction	Frank Williams
Announcements	Edward Jefferies
Greeters	
Ushers	Nigel McPherson
Children's Church	Paula and Sheree Trent
Visitor's table	Nora Cash Kathy Fultz
Nurse	Bernice Jordan
Evening Worship	
Song Leaders	Nigel McPherson
Scripture and Prayer	Michael Titre
Lord's Supper and Contribution	Roosevelt White
Sermon	Markus Martin
Benediction	Andrew Johnson
Building Lock Up	Nigel McPherson

Sunday Morning Worship
Seeing All Things From God's Point of View

December 29, 2019
God's view of God

You Have Not Passed This Way Before
 Joshua 3:1-4

Introduction

“And Joshua rose early in the morning; and they removed from Shittim, and came to Jordan, he and all the children of Israel, and lodged there before they passed over.
 2And it came to pass after three days, that the officers went through the host;
 3And they commanded the people, saying, When ye see the ark of the covenant of the Lord your God, and the priests the Levites bearing it, then ye shall remove from your place, and go after it.
 4Yet there shall be a space between you and it, about two thousand cubits by measure: come not near unto it, that ye may know the way by which ye must go: for ye have not passed this way heretofore.”

Sermon

I. Three Days Before The New Beginning

II. The Day Before The New Beginning

III. The Day of The New Beginning

Conclusion

1. Three days before the new beginning
2. The day before the new beginning
3. The day of the new beginning

Sunday Evening

Questions & Answers

The black box for Q/A is on the white desk in the foyer area

Date	Questions
Dec. 29th	“How did the Europeans receive the Bible?”
Jan. 5th	“Several characters were used to fulfill scripture. How would Pontius Pilate and Judas Isacariot have a chance to ask for forgiveness?”

Date	1	8	15	22	29
Preacher	Markus Martin	Markus Martin	Markus Martin	Markus Martin	Markus Martin
Opening	Andrew Johnson	Theodore Jordan	Don Allen	Roosevelt White	Nigel McPherson
Scripture Reading and Prayer	Don Allen	Michael Titre	William Snoddy	Anthony McFarland	Don Moore
Song Leaders	Charles Mattocks Nigel McPherson	Robert Garrett Walt Gorham	Charles Mattocks Robert Garrett	Walt Gorham Nigel McPherson	Robert Garrett Walt Gorham
Prayer	Henry Abel	Frank Williams	Anthony Person	Tyrone Williams	Andrew Johnson
Lord's Supper & Contribution					
Podium	Ted Jordan	Kevin Bates	Roosevelt White	Henry Jenkins	Anthony Person
Table Assistants	Anthony McFarland Alex Williams Kishiro Easterling Don Moore J. D. King Kevin Fuller	Curtis Brooks Roosevelt White Kevin Fuller Ryan Jefferies Henry Abel Nigel McPherson	Eddy Davis Kevin Fuller Michael Titre Josh Fuller Ryan Jefferies Noah McFarland	Kevin Fuller Alex Williams Don Moore Eddy Davis Curtis Brooks J. D. King Henry Abel	Roosevelt White Kishiro Easterling Michael Titre Anthony McFarland Tyrone Williams Ryan Jefferies
Benediction	Tyrone Williams	Rufus Broidy	J. D. King	Ryan Jefferies	Frank Williams
Announcement	Edward Jefferies	Edward Jefferies	Edward Jefferies	Edward Jefferies	Edward Jefferies
Ushers	Anthony Person	Anthony McFarland	Michael Titre	Gerald Ford	Nigel McPherson
Visitor's Table	Nora Cash Kathy Fultz	Nora Cash Kathy Fultz	Nora Cash Kathy Fultz	Nora Cash Kathy Fultz	Nora Cash Kathy Fultz
Sunday Evening Worship Assignment					
Song Leader	Walt Gorham	No Evening Worship	Walt Gorham	No Evening Worship	Nigel McPherson
Scripture/Prayer	Don Allen		Andrew Johnson		Michael Titre
Preacher	Markus Martin		Markus Martin		Markus Martin
Lord's Supper/Contribution	Michael Titre		Theodore Jordan		Roosevelt White
Benediction	Theodore Jordan		Don Allen		Andrew Johnson
Lock Up Duty	Nigel McPherson		Markus Martin		Nigel McPherson
Nurse	Bernice Jordan		Bernice Jordan		Bernice Jordan
Children's Church	Paula and Sheree Trent		Paula and Sheree Trent		Paula and Sheree Trent